June Newsletter

Office of Family Violence

801 E. Main Street, Richmond VA 23219 http://www.dss.virginia.gov/community/dv/

Special Topic - National Safety Month

June is *National Safety Month*. Injuries are a leading cause of disability for people of all ages – and they are the leading cause of death for Americans ages 1 to 44. But many injuries can be prevented when people practice safe behaviors. We can all use this month to raise awareness about important safety issues like:

- Prescription drug abuse
- Slips, trips, and falls
- Being aware of your surroundings
- Distracted driving
- Staying safe in the summer heat

For more information on National Safety Month as well as a free toolkit, click here.

Fundraising- Sweet Haven

Sweet Haven is a local sweets and bakery run from the kitchen of Help and Emergency Response, Inc. The kitchen was donated by The Beazley Foundation and is outfitted for commercial use. All products are prepared through a workforce development program for survivors of domestic violence and homelessness who are starting a new life. Participant bakers are taught kitchen management, food handling, and job skills that will help them obtain employment. Each purchase made goes back to the programs and work of H.E.R.

Visit www.hershelter.com/ Sweet Haven or call Olivia at 757-485-1445



Funding Opportunities

Mary Kay Foundation Accepting Applications for 2014 Domestic Violence Shelter Grant Program

The goal of the Mary Kay
Foundation is to eliminate domestic
violence. The foundation makes
grants to organizations in the U.S.
that assist survivors of domestic
violence by operating emergency
shelters. The grants are announced
each October in observance of
National Domestic Violence
Awareness Month

Training Opportunities

June 11th 3:00 - 4:30 pm

<u>Children and Domestic</u> <u>Violence</u>

This webinar will provide an overview of the series builds on a core curriculum, Children Exposed to Domestic Violence, written by Patricia Van Horn, PhD, in collaboration with National Center on Domestic Violence, Trauma and Mental Health and offers practical tools, tips, and discussion guides for creating trauma-informed child and family-centered programming. This webinar is an introduction to thinking about the needs of children, birth through age 18, and their families who have experienced or are experiencing the ongoing effects of domestic violence.

Board Development- What's Your Plan A for Building Future Leaders?

Nonprofit leadership teams surveyed by the Bridgespan Group single out leadership development and succession planning as their most glaring organizational weakness by a margin of more than 2 to 1. About two-thirds of those surveyed disagree with the statement that "our organization is highly effective in developing a strong internal and external pipeline of future leaders."

Dwindling resources are a challenge most nonprofits face; however, the biggest challenge to improved leadership development may be the behavior of leaders (including board members). Many nonprofit leaders confront the question of leadership development only when faced with a succession crisis, which may be too late.

A change is needed to overcome this challenge. Bridgespan has created *Nonprofit Leadership Development: What's Your "Plan A" for Growing Future Leaders?* as a guide to help nonprofits think differently about leadership development. *Plan A* treats leadership development not as response to crisis but as a proactive and systematic investment in building a pipeline of leaders within an organization, so that when transitions are necessary, leaders at all levels are ready. Topics covered in the guide include:

- Engaging senior leaders
- Mapping out a vision of future leadership
- Developing future leaders
- Seeking new talent to fill gaps
- Monitoring and improving the process of developing leaders

To download the entire guide, click here.

Grant FAQ

How will VAdata reports change as a result of the changes to outcomes?

New reports are now available in VAdata that address the changes in outcomes as well as some other minor changes. The VDSS report for the current FY 2014 grant year is titled "Old VDSS" report and contains the outcomes within the report. This is the report that should be used for the yearend report due in July. For FY 2015, the main report is separate from the outcomes. The main report is called "New VDSS" report and the outcomes are under "VDSS Outcome Report." These reports will be used for your FY 2015 reporting purposes, but are available for you to see now.

Upcoming Training

June 12th 9AM

<u>Session: Succession Planning -</u> Planning for Tomorrow

This webinar experience promises to prepare participants for all aspects of the succession planning process

June 13th and 14th

Building Sandcastles in the Sky

This two-day workshop offers interactive content including demonstrations and applications of creative sand tray interventions known to activate healing and provides research that supports the interventions.

June 16-20

Trends in Human Trafficking

Presented by the Virginia Office of the Attorney General, in collaboration with the Virginia Department of Criminal Justice Services, this statewide conference on human trafficking will gather law enforcement and allied professionals for five days to delve into current and emerging trends in the crime of trafficking, both in the Commonwealth and nationally.

June 20th 1:30-3:30

Financial Compliance: What Every Organization Leaders
Should Know

This workshop is designed to provide plain language information for the organization executive to help understand accounting and financial compliance issues.

Reminder

All three learning modules for the new LGBTQ Accessibility and Inclusion policy have been distributed. The nondiscrimination and grievance policy should be in place and all grantfunded staff should have taken the training by July 1, 2014. Please contact your grant monitor if you have not received the module or have any questions. You can also access the learning modules from the OFV website here.

Give Your Input

Northeastern University, with OVC funding, is preparing a Vicarious Trauma Toolkit. When completed, the toolkit will include training and technical assistance resources and be made will be available through a website. In preparing the toolkit, they would like to get input from first responders and victim advocates through an online survey here.

Self-Care Corner- Vicarious Trauma

If trauma is viewed as information, then vicarious trauma is information overload. We are only able to take in and process so much. Stories of trauma and suffering become part of us and can become overwhelming. Vicarious trauma is a human response to experiencing the reality of trauma and difficulties of the human experience on a daily basis. It can shift our outlook and change our perspective in how we view the world beyond the traumatic experience.

In a resource provided by the Joyful Heart Foundation, Mariska Hargitay says "It's a proven fact that we hold on to trauma. How can somebody who's holding so much trauma be of service to someone else if they're full up? You've got to empty the glass." This resource goes on to further explain vicarious trauma, how to identify it, and provides additional resources and solutions. To read more, click here.

Upcoming Training

June 16th 10-11:30

LGBTQ 101

This webinar will provide basic information about LGBTQ identities with a particular focus on understanding the differences between sexual orientation and gender identity. If you are unfamiliar with the LGBTQ community and would like to enhance your knowledge before attending the LGBTQ 201 Continuing Advocacy Training or if you'd like a refresher, this webinar is perfect for you.

Various dates

National LGBTQ Access Webinar Series

As part of its Training and Technical Assistance Initiative, the NW Network will provide a 12-part, (July - Dec 2014) webinar series to advance inclusive, accessible, non-stigmatizing services to LGBTQ survivors. The series will assist providers and policy makers to incorporate the needs of LGBTQ survivors across their programming. The first webinar in the series is listed below.

July 15th 3-4:30

<u>Basics of Advocacy with LGBTQ</u> <u>Survivors of Abuse</u>

This workshop will establish a strong foundation for the rest of the NW Network 2014 webinar series and include basic information like decoding the LGBTQ "alphabet soup" as well as advanced analysis for understanding the unique and crosscutting issues facing LGBT survivors.